

Re-Useable Materials - Dilemma Cards

You are worried about your future.

You are concerned about your health.

You are worried about a friend's drug use.

You are building up debt.

Your parents are fighting and arguing.

Laminate to create more permanent cards. Otherwise print these and try to re-use.

You are worried about a friend's mental health.

You have done something that could get you in trouble.

You are being threatened.

You are having problems in your relationship.

Someone you care about has a serious health problem.

Laminate to create more permanent cards. Otherwise print these and try to re-use.

Reusable Materials - Relationship Cards

Male Friend
Female Friend

FRIEND

Teacher
Co-Worker
YOS Worker

PROFESSIONAL

**Keep it to
yourself**

NO ONE

Examples: Helpline
Religious Figure

OTHER

Cut, fold and laminate to create more permanent cards. Otherwise print these and try to re-use.

PARENT

Mam / Dad
Guardian

PARTNER

Boyfriend
Girlfriend

FAMILY

Grandparent
Aunt / Uncle
Cousin

SIBLING

Brother
Sister

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